

LUNCH PRIX FIXE MENU

\$20 | 11AM - 4PM

APPETIZER (ALL ITEMS AVAILABLE A LA CARTE)

SOUP

Chef's daily selection

DOMATA SALAD

Sliced vine ripened tomatoes, crumbled feta, red onion & red wine vinaigrette

SPANAKOPITA

Leeks, scallions, spinach & feta baked in homemade phyllo dough

SPREADS

Tzatziki, Htipiti & Melitzano Salata served with pita

CALAMARI

Choice of fried with spicy marinara or pan sauteed with white wine, olive oil, garlic, shallots and marinara sauce

OCTOPUS + 5

Grilled over red & sweet onions with peppers, capers dill & red wine vinaigrette

KALE SALAD

Baby kale, sliced apples, crispy chickpeas, red onions, olives, cucumbers, cherry tomatoes, grated feta, Dijon sherry vinaigrette

ROMAINE SALAD

Romaine hearts with oregano croutons, kefalograviera cheese, creamy caper dill dressing, topped with feta

HORIATIKI SALAD + 4

Vine ripened tomatoes, cucumbers, green peppers, red onion, feta & red wine vinaigrette

ENTRÉE (ALL ITEMS AVAILABLE A LA CARTE)

FISH OF THE DAY

Chef's choice of fish & side

ARCTIC CHAR

Grilled Arctic Char topped with ladolemeno, served with spanakorizo

CHICKEN SOUVLAKI

Grilled chicken skewered with peppers and onions with Greek fried potatoes, sliced tomatoes, pita & tzatziki

MIXED SEAFOOD SOUVLAKI

Grilled shrimp & swordfish skewers served over mixed greens

PASTA A LA GRECCA

Rigatoni with sautéed spinach, feta & marinara

MOUSSAKA

Greek casserole with ground beef, sliced eggplant, potatoes & topped with béchamel

LAMB CHOPS + 14

Three day marinated with Greek fried potatoes & tzatziki

LOBSTER MAKARONADA + 14

Fresh Maine lobster, deshelled, sauteed with linguini, fresh tomatoes, garlic and basil

OTHER LIGHT FARE OPTIONS

LAMB GYRO

16

Braised lamb shank, tzatziki, caramelized onion, lettuce, tomato, served with Greek fried potatoes

FISH GYRO

17

Chef's choice of fish sautéed and wrapped in pita with cabbage, tzatziki and tomato, served with Greek fried potatoes

CRAB CAKE BURGER

21

Maryland style crab cake served on a brioche roll with Dijon aioli and Greek fried potatoes

BURGER

17

LaFrieda blend with gruyère, lettuce, tomato, caramelized onions served with Greek fried potatoes

TUNA SALAD

20

Grilled tuna over mixed greens with walnuts, feta, roasted peppers, cucumbers, diced tomatoes & apple

MEDITERRANEAN SALAD

17

Chopped romaine hearts, grilled eggplant, red peppers, cherry tomatoes, Kalamata olives & sweet balsamic vinaigrette topped with fried calamari & grated feta

Add to any menu selection: Chicken 6 / Shrimp 10 / Skuna Bay Salmon 10