

MEZEDES

OCTOPODI

Charcoal grilled octopus, fava purée, pickled red onion, Holland peppers, capers, extra virgin olive oil **24**

CHEESE SAGANAKI

Traditional pan fried Kefalograviera

GRILLED SHRIMP

Jumbo wild caught Gulf shrimp charcoal grilled with ladolemano, arugula and cherry tomatoes **21**

SPANAKOPITA MANTI

Spinach, feta, leeks, tzatziki 15

FRIED CALAMARI

Fresh and tender calamari, lightly fried 19

Colossal and jumbo lump crab, Beluga lentils, marinated gigandes, Dijon aioli **24**

Marinated red and golden beets, red onion, almond garlic skordalia **14**

Paper thin zucchini and eggplant, lightly fried, tzatziki **19**

SPREADS PIKILIA

Choose three of the following with grilled pita 18:

TZATZIKI Greek yogurt, cucumber, dill, garlic ${\bf HTIPITI}\ Roasted\ red\ peppers,\ cayenne,\ feta$ MELITZANOSALATA Smoked eggplant TARAMASALATA Carp roe and potato purée SKORDALIA Almond and garlic puree HUMMUS Chickpea purée with olive oil

Spreads available individually 6

RAW BAR

DUO TARTARE

Salmon, tuna, potato chips 20

TUNA SASHIMI

Extra virgin olive oil, bee pollen, lemon, green chili paste 19

CRISPY RICE

Tuna, avocado, olive 19

LAVRAKI CEVICHE

Tomato, feta, gigante beans 18

SALATES

HORIATIKI

Vine ripened tomatoes, cucumbers, olives, green peppers, red onions, feta, red wine vinaigrette **19**

ROMAINE

Chopped romaine hearts, feta, scallions, creamy caper dill dressing **16**

ARUGULA

Arugula, marinated red and golden beets, almonds, manouri cheese, honey lime vinaigrette 16

WHOLE FISH SELECTIONS

Estia sources only the freshest fish from Greece and around the world. Whole fish are charcoal grilled with ladolemono, capers and oregano. Our chefs remove the middle bone however some small bones may remain. Fish are priced by the pound; weights may vary. Inquire with your server.

Mediterranean Sea Bass - Mild & Flaky - Greece 38/lb BAKED IN MEDITERRANEAN SEAT SALT +6

TSIPOURA

Royal Dorado - Mild & Firm - Greece 35/lb

KARAVIDES

Langoustines - Sweet & Succulent - Mediterranean 55/lb

JUMBO AFRICAN PRAWNS

Tiger Prawns - Sweet & Firm - Africa 58/lb

DOVER SOLE

Mildly Sweet & Flaky - Portugal 54/lb

ASTAKOS

Lobster - Mildly Sweet & Firm - Maine Market Price RECOMMENDED FOR TWO OR MORE

Mediterranean Snapper - Earthy & Firm - Greece 44/lb

FROM THE SEA

Charcoal grilled with ladolemono, capers, vegetable souvlaki and Kalamata olive tapenade **41**

LOBSTER LINGUINI

Fresh lobster deshelled and sautéed with cherry tomatoes and linguini in a brandy infused tomato sauce topped with Calabrian chili and fresh basil **48**

Sesame seed encrusted tuna grilled rare, sautéed horta, marinated beets, almond garlic skordalia **41**

FAROE ISLAND SALMON

Charcoal grilled with ladolemano, capers and spanakorizo 38

CHILEAN SEA BASS PLAKI

Oven baked in tomato sauce with onions, tomatoes, green peppers, carrots, potatoes, capers and thyme 49

FROM THE LAND

LAMB CHOPS

Three Australian lamb chops marinated in olive oil, fresh herbs and lemon, charcoal grilled served with Greek fried potatoes and tzatziki **48**

ADD AN EXTRA LAMB CHOP +15

CHICKEN

half chicken, feta brined, caramelized onion yogurt orzo 32

Red wine braised lamb shank served on the bone with orzo, roasted tomato sauce and grated feta **34**

PRIME NEW YORK STRIP

12 ounce center cut charcoal grilled with fresh thyme, served with grilled vegetables 58

ARTICHOKE KEBAB

Lemon aioli, chili oil 22

S I D E

M

I

N

S

ROASTED POTATOES 11

SPINACH RICE 11

TOMATO & FETA ORZO

11

HORTA 14

FRIED

GRILLED

POTATOES 11 VEGETABLES 14